

# Hoshinoya Spa

## Island Time Spa

Coral reefs and blue seas, an open sky, powerful trees, colorful fruits and flowers.

Wake up with the morning sun and end the day with the sunset.

The joy of matching with the rhythm of nature is rooted in the life on this remote island.

The Hoshinoya Spa program tailors to our local time with natural materials and treatments that will adapt your body and mind to the rhythm of the island.

**Time** : 9:00 - / 12:30 - / 15:00 -



### Special Treatment Menu

**80 minutes ¥21,000 (time required 120 minutes)**

#### 海の恵み *In Nu Fasun*

< Seaweed Back Mask, Legs, Arms, Decollete, Head >

The treatment uses one of the most abundant bounties of the sea: seaweed. This nutritious ingredient has long been known as a valuable treasure of health in this region. By applying a heat-producing seaweed pack on the back, an area prone to dryness, the body warms, and the skin is gently moisturized.

\* Customers with thyroid problems or iodine allergies cannot be treated with this menu.



- \* Please dial 【7】 to make a reservation.
- \* We kindly ask our guests to wear a mask during the treatment.
- \* In order to guarantee a complete program of 80 minutes, please be on time for the start of your treatment.
- \* Consumption Tax and Service Charge (10%) will be added to the final charge.

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## Standard Treatment Menu

80 minutes ¥16,000 (time required 120 minutes)

### 休 *Yukui*

< Back · Legs · Arms · Décollete · Head · Foot Bath >

This full-body treatment invites you to deeply relax amid the slowly flowing island time. Hand yourself over to wave-like movements which simulate the gentle rush of the ocean along the sandy beach of the coral reef.

### 養 *Hikanohn*

< Back · Legs · Arms · Décollete · Head · Foot Bath >

*Hikanohn* treats your back and shoulders with special care. Feel the comfort of your body wrapped in your favorite scent and see your posture improve.

### 清 *Shurasa*

< Feet · Lower Legs · Head · Décollete · Arms · Foot Bath >

Careful treatment focusing on the head, knees to the toes and from the arms to the fingertips, for a lighter body and a refreshed feeling.

- \* Please inform our staff should you have any of the above medical conditions when requesting an appointment.
- \* The availability if maternity menus may differ at each facility. Please check our homepage for further information or contact our staff.
- \* The Hoshino Resorts SPA is offering its treatments exclusively to guests 18 years of age or older.
- \* Guests may cancel their reservation free of charge until 24 hours before their treatment. 100% of the total amount will be charged in case of cancellations any time after.

# Hoshinoya Spa

## Health Policies and Reservation Precautions

All Hoshino Resorts SPA facilities are built for relaxation purpose. Guests with health concerns or who visit the hospital on a regular basis may be denied treatment, regardless of permissions from their physicians. We kindly ask you to carefully read the following regulations before making an appointment for a SPA treatment:

**Guests with the following conditions will not be able to make an appointment at our SPA:**

- Expectant mothers,
- Guests with pains, swollen injuries or wounds, such as sprains, bone fractures, back pains, dislocations, burns, cuts, etc.,
- Guests with severe visceral disorders, illnesses or injuries currently under treatment,
- Guests with disorders or wounds currently under observation (this includes wounds / scratches from traffic accidents) ,
- Guests who have experienced surgeries less than a year ago (this includes endoscopic surgeries) ,
- Guests experiencing fever, headache, nausea, abdominal pain or diarrhea,
- Guests with illness induced swellings or with lymphedema,
- Guests experiencing pain or swelling from dental treatment.

**Guests with the following conditions may be refused treatment or provided with an adjusted menu. Please confirm the conditions when making a reservation:**

- Guests with severe varicose veins,
- Guests with tattoos,
- Guests with allergies.

**< Oil Treatment Menu >**

- Guests with severe sunburns
- Guests who have trouble to lay down facing up or down for a long time
- Guests with skin disorders, inflammations, swelling or itchy skin

**< Facial Menu >**

- Guests who experienced facial implant surgeries less than one year ago
- Guests who experienced tooth extractions less than six months ago

**< Pool / Onsen Menu >**

- Guests with handicaps regarding their circulatory, respiratory or urological system

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